

Ascending Intentionally, Crystal Potter

Crystal Potter, a Delphi alum, offers a range of spiritually grounded services to individuals and families navigating life's most tender thresholds. Having grown up in this community and later studying at Delphi University herself, Crystal carries forward the wisdom and lineage of her mother, Judy Potter, who taught here for over 30 years. Crystal is certified in several of Delphi's healing modalities and offers RoHun therapy, Yhandi, energy healings, and intuitive readings in addition to her end-of-life and grief support work. Her path has unfolded naturally over a lifetime, shaped by the teachings of this school and the deep calling to companion others with compassion, clarity, and love.

Crystal's practice centers on death and dying support, vigil planning and sitting, and guiding families through the emotional, spiritual, and practical aspects of transition. She also offers grief sessions that help clients identify and gently reframe the limiting beliefs and stories they often carry around loss. In a grief-muted society, she strives to create spaces where grief is welcomed, understood, and honored as a sacred expression of love. Many clients also seek her guided meditations, which help them soften into their bodies, connect with their own truth, and move through grief with more spaciousness and self-compassion.

This year, Crystal was honored to be named the **2025 Best of Georgia winner in the Family Services category**, a recognition that reflects the growing need for compassionate, holistic support around death, dying, and grief. She was also invited as a featured guest by Andrea Deerheart of The HeartWay on an episode of her *Death Demystified* series on Spotify. Their conversation explores holding ourselves and one another with tenderness during times when grief becomes more layered, especially throughout the holiday season. You can listen to the episode here: <https://kxfmradio.org/shows/death-demystified/> Episode 15.

It is a privilege for Crystal to carry forward not only her own calling, but the lineage of service and spiritual awareness modeled for her so beautifully at Delphi. She is deeply grateful for the foundation this school provided, the teachers who shaped her, and the community that continues to support and inspire her work. With each family she serves and each threshold she companions, she honors both her training and the spiritual heritage that has guided her throughout her life.